

**Name:** Juthi Saha

**Designation:** State Aided College Teacher

**E-mail ID:** sahajuthi@gmail.com

**Qualification:**

- B.Sc in Food and Nutrition, West Bengal State University, 2011.
- M.Sc in Food and Nutrition, West Bengal State University, 2013.

**Area of Interest/Specialization:** Nutrition and Dietetics

**Awards/ Achievements Received:**

- Ranked 1<sup>st</sup> in B.Sc (West Bengal State University), 2011.
- Ranked 1<sup>st</sup> in M.Sc (West Bengal State University), 2011.

**Teaching Experience:**

Working as State Aided College Teacher in Department of Food and Nutrition,(Under Graduate Course: B.Sc. Honors. & General) at Prasanta Chandra Mahalanobis Mahavidyalaya, from 2015.

**Webinars Attended:**

- One day National Webinar on “Support Breast Feeding For A Healthier Planet” organized by IQAC in collaboration with Department of Food and Nutrition , Hiralal Mazumdar Memorial College For Women on August, 2020 .
- State Level Webinar on “Covid-19: Modeling Perspective and the Change in Scenario of the Mode of Transmission” organized by IQAC, Panihati Mahavidyalaya on August, 2020.
- One day International Webinar on “Strategies to Boost Immunity by Functional Foods to Combat COVID-19” organized by Dept. of Food Processing , in collaboration with Dept. of Nutrition and Research cell of Mugberia Gangadhar Mahavidyalaya on July, 2020 .
- State Level Webinar on “Glimpses of Bengal Rural Society: The Colonial Experiences” organized by Dept. of History in collaboration with IQAC, Prasanta Chandra Mahalanobis Mahavidyalaya on July, 2020.
- International Webinar titled “Girl Interrupted:Trauma and Emancipation of Women” organized by Dept. of English in collaboration with Women’s Cell and IQAC, Prasanta Chandra Mahalanobis Mahavidyalaya on July, 2020.
- Webinar on “Psychological Wellbeing During The Pandemic: Strategies and challenges” organized by Dept. of Human Development in collaboration with IQAC, Acharya Prafulla Chandra College on July,2020
- International Webinar on “Food and Mood- Aspects of Healthy Life” jointly organized by Food and Nutrition Department and IQAC of Maharani Kasiswari College in collaboration with Bangladesh Academy of Dietetics and Nutrition on July, 2020.
- Webinar on “Addressing Mental Health of Students amidst Current Hazardous Situation: an Integrative Approach” Department of Chemistry and Food and Nutrition, Raidighi College on July, 2020.

- Two day Webinar on “ Securing Image Transmission Through encryption- an Emphasis on Partial Image Encryption” organized by Dept. of Computer Science, Physics and IQAC, Prasanta Chandra Mahalanobis Mahavidyalaya on July, 2020.
- One day National Webinar on “COVID-19 Pandemic: Challenges and Reorientation of Teaching Learning and Evaluation Procedure in Higher Education” organized by IQAC, Vivekananda College for Women on June, 2020.
- International Webinar on “Managing Mental Health & Emotional Wellbeing during COVID-19” organized by IQAC, Prasanta Chandra Mahalanobis Mahavidyalaya on June, 2020.
- One day International Webinar on “Nutrition and Diet Perspective: COVID-19 Pandemic Scenario” organized by IQAC, Asansol Girls’ College on June, 2020.
- Webinar on “COVID-19 Pandemic: Role of Nutrition” organized by Dept. of Food and Nutrition, Acharya Prafulla Chandra College in collaboration with Dept. of Food and Nutrition , Sree Chaitanya Mahavidyalaya on May,2020.

#### **Seminars Attended:**

- One day UGC CPE Funded National Seminar on “Modern Approaches in the Field of Nutrition Sciences” organized by Barrackpore Rastraguru Surendranath College in February, 2020.
- 6th Annual Conference “Emerging Trends in Dietetics For Universal Health Coverage” organized by Society for Nutrition and Dietetics in January,2020.
- NutriConf 2 :An Academic Conference organized to Honor Professor Sunit Mukherjee by West Bengal State University in collaboration with Society for Nutrition and Dietetics in September, 2019.
- A one day Annual Conference on Depression organized by Society for Nutrition and Dietetics In collaboration with International College of Nutrition, Calcutta Chapter in March,2018
- A two day UGC Sponsored National Seminar on “Recent Trends in Research of Nutrition Science” organized by Barrackpore Rastraguru Surendranath College & West Bengal State University in February 2012.
- One day seminar on”HCV: The Indian Action “ organised by Liver Foundation , West Bengal In Collaboration With Centre For Liver Research in December 2012

#### **Oral Paper Presented:**

- Oral paper presented in UGC Sponsored National Seminar on “Recent Trends in Research of Nutrition Science” organized by Barrackpore Rastraguru Surendranath College & West Bengal State University in February 2012 entitled by “Nutrition : An Influential Factor Improving The Performance Of Athletes”

#### **Administrative Qualification:**

- Internal and External Examiner, Paper Setter at different college Under West Bengal State University (Since 2015 – till date)