

Celebration Of National Nutrition Month, 2021

MAIN THEME OF FOURTH RASTRIYA POSHAN MAAH, 2021: CONVERGING TOWARDS A HEALTHY WALK THROUGH LIFE

WEEK 1
(01/09/21 – 07/09/21)

- **THEME 1:** Demonstration about setting up of kitchen gardens

WEEK 2
(08/09/21 – 15/09/21)

- **THEME 2:** Recipe competition – Nutritious food for Pregnant women

WEEK 3
(16/09/21 – 23/09/21)

- **THEME 3:** Distribution of Nutrition Kits comprising of regional nutritious food along with IEC material to the Anganwadi Beneficiaries.

WEEK 4
(24/09/21 – 30/09/21)

- **THEME 4:** Awareness Campaign about IYCF Practices

Coordinator of Week-1 – Ms Tanima Paul Das

- Participants – Raima Dey, Archita Sasmal, Usnish Das, Saptarshi Banerjee, Keya Sarkar

Coordinator of Week-2 – Ms Juthi Saha

- Participants – Anwsha Nayok, Misti Bose, Nandini Raha, Arpita Das, Sreeja Ghosh, Mandira Chaterjee, Suchana Danda, Payel Bhowmick

Coordinator of Week-3 – Dr Priyadarshini Chakraborty,

- Ms Sahin Sultana (Co coordinator)
- Participants – Swagatika Sen, Anwsha Das, Loknath Malik, Sarnali Paul, Anubhab Banerjee, Swapnendu Dey, Ratnadeep Maity, Arijit Shaw

Coordinator of Week 4 – Dr Guddi Tiwary

- Participants – Souptik Singha, Sayan Seth, Susweta Mondal, Supriyo Chaterjee, Nishat Mullick, Sayani Paul, Hrishika Nandy, Sirin Sultana, Suravi Dabnath