### Prasanta Chandra Mahalanobis Mahavidyalaya



#### (Accredited by NAAC)

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### **NSS Activities: PCMM UNIT (2021-2022)**

# 1. <u>International Women's Day (08.03.2022) organized by NSS, Gender Equity Cell and Sobar Poth (NGO)</u>

The NSS unit of the college, in association with The Internal Quality Assurance Cell and NGO Sobar Poth, organized a programme on 9<sup>th</sup> March, in room no. 15, 1 pm onwards, to commemorate International Women's Day. The event was inaugurated through a welcome address by Dr. Parthasarathi Dutta, Teacher In Charge of PCMM. His eloquent address highlighted the relevance of the day. This was followed by a dance recital performed by Trinayani Mazumdar, Semester II student of PCMM. Ms. Monolina Seth, SACT, Department of Sociology (invitee member of the Gender Equity Cell) introduced the members of the NGO Sobar Poth, and they were felicitated by Dr. Somdatta Ghosh Kar, Associate Professor, Department of Bengali. The members of Sobar Poth shared their views and some of their experiences and activities with us, and after that they enacted a short play based on the theme of women empowerment. The concluding speech was delivered by Sagar Mazumder, student representative of PCMM. The programme came to an end with a vote of thanks by the honorable IQAC Coordinator, Dr. Alpana Ray. The entire programme was conducted by Dr. Uttara Kundu Chowdhury, SACT, Department of Bengali. Seventy number of students and forty teachers partcipated in the programme.

The objective of this programme was to generate as well as increase awareness about gender issues. The entire programme was really beneficial as it kindled the concept of women empowerment and gender equality among the student fraternity and faculty community.



# 2. <u>Orientation Programme on the Role of NSS Volunteers in our Society (25.03.2022)</u> <u>organized by NSS</u>

N.S.S unit of Prasanta Chandra Mahalanobis Mahavidyalaya jointly organized an Orientation programme about N.S.S activities for all students. This programme was held on 25 th March of 2022 (Friday) at 1:30 p.m. in room no- 15. The programme aimed to provide students with a comprehensive understanding of the requirements and effectiveness of the National Service Scheme. At the very beginning of this programme IQAC Coordinator Dr. Alpana Ray welcomed all the students and members of the NSS subcommittee. After that newly appointed N.S.S programme Officer Mr. Utpal Biswas discussed in detail the requirements of the National Service Scheme and how the student community can benefit from it. Former N.S.S Programme officer Mr. Mijanur Rahman shared his experience with regard to his involvement with NSS. Dr. Sukanta Das, Associate Professor, Department of English delivered a presentation on the objectives of the NSS, the associated themes and symbols and discussed in detail various types of activities that can be organized by the NSS. In this orientation programme 13 (thirteen) teachers and 45 (forty five) students were present.





#### 3. Old Age Home Visit (05.04.2022) organized by NSS with Shantineer Old Age Home

The NSS unit of PCMM and the Department of Food and Nutrition visited Shantineer, an old age home located at Subhash Pally, Baranagar on 5<sup>th</sup> April (Tuesday) 2022. The programme started with a welcome address by Dr Tanima Paul Das, Assistant Professor, Department of Food and Nutrition. In her address she highlighted the objectives of the visit. This was followed by Rabindra Sangeet and dance performed by the students of the Department of Food and Nutrition. Dr. Guddi Tiwary, SACT, Department of Food and Nutrition then explained the healthy food habits and diet control for the elderly. The NSS volunteers conducted a small survey to gather health-related data from the elderly. They also engaged the elderly inmates of the old age home in various activities like ludo and passing the ball. Fruit hampers were distributed among the elderly inmates. In this programme eight (8) members of N.S.S subcommittee and 25 (twenty five) N.S.S volunteers were present.



Shanti Neer Old Age Home

#### 4. <u>Drive For Plastic Free Campus (21.04.2022) organized by NSS and Dept of Geography</u>

The NSS unit and Department of Geography of PCMM jointly organized a "Drive for Plastic Free Campus" on the occasion of World Earth Day celebrations on 21st April (Thursday) 2022. In this programme our main slogan was "SAY NO TO PLASTIC" and creating awareness among students about the harmful effect of plastic on our environment. Students were encouraged to refrain from using non recyclable plastic in their daily lives. In this campaign 71 (seventy one) N.S.S volunteers with eight teachers collected unusable plastic from within the college campus. Three faculty members from the Department of Geography and the NSS Program Officer facilitated the drive.

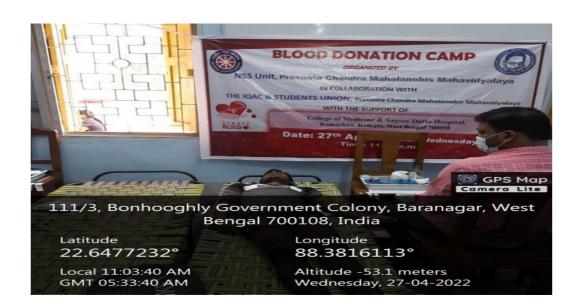


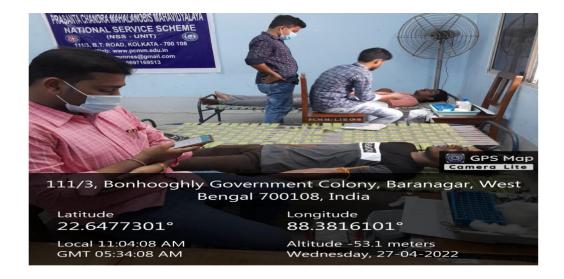


## 5. <u>Blood Donation Camp (27.04.2022) organized by NSS in collaboration with College of Medicine and Sagore Dutta Hospital.</u>

The NSS unit and Internal Quality Assurance Cell of Prasanta Chandra Mahalanobis Mahavidyalaya jointly organized a voluntary blood donation camp in collaboration with College of Medicine and Sagore Dutta Hospital. The camp was held on 27<sup>th</sup> April (Wednesday) 2022. The student Union of our college extended all possible help to organize this voluntary blood donation camp. Those who donated blood voluntarily in this camp were presented with a certificate from the National Service Scheme along with tiffin and a small sapling. In this blood donation camp 50 (fifty) donors successfully

donated blood from our teaching staff, non-teaching staff and students. Seven Members of the N.S.S subcommittee actively participated and played a significant role in registration, preparation and issuance of certificates for blood donors. Members of Sagore Dutta Hospital extended their utmost cooperation. 90 (Ninety) number of students and 50 number of teaching staff and 18 number of supporting staff were present in the programme.





#### 6. World Thalassemia Day (12.05.2022) organized by NSS

The NSS unit and Internal Quality Assurance Cell of Prasanta Chandra Mahalanobis Mahavidyalaya jointly organized an awareness programme on Thalassemia- a step toward better health. This awareness programme was held on 12<sup>th</sup> May 2022 at 1 pm in an online platform through Google meet. Dr. Amarnath Chakraborty was invited to deliver a lecture on spreading awareness about Thalassemia and he actively debunked certain myths associated with this disease. This program was very beneficial for students as they gained valuable information about Thalassemia. 25 faculty members and 60 students participated in this awareness programme.





#### 7. World Environment Day Tree Plantation (07.06.2022) organized by NSS

The NSS unit and Internal Quality Assurance Cell of Prasanta Chandra Mahalanobis Mahavidyalaya jointly organized a tree plantation programme to celebrate World Environment Day. This programme was held on 7<sup>th</sup> June 2022 at 1 pm in the college campus. 74 (seventy four ) NSS volunteers and 25 number of teaching and non teaching staff actively participated in planting trees within the college campus.



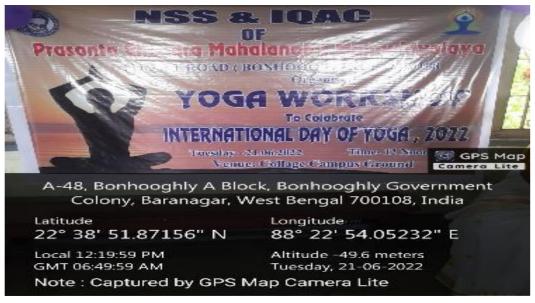
## 8. Outreach Activity: Distribution of Stationery (14.06.2022) organized by NSS, Gender Equity Cell in collaboration with Janakalyan Samiti and Madhabilata: Fight for her Justice NGO

The NSS unit and the Gender Equity Cell of Prasanta Chandra Mahalanobis Mahavidyalaya, Kolkata organized a Health and Hygiene Workshop: স্বাস্থ্য (Health is Wealth) at Janakalyan Samiti in collaboration with Madhabilata: The Fight for Her Justice on 14th June 2022. The workshop was conducted by 14 number of students and 5 (Five) Teaching staff of the college to spread awareness about Health and Hygiene among underprivileged children. The NSS volunteers also distributed stationeries among the underprivileged children.



#### 9. Yoga Workshop (21.06.2022) organized by NSS

National Service Scheme and Internal Quality Assurance Cell of Prasanta Chandra Mahalanobis Mahavidyalaya jointly organized a Yoga Workshop to celebrate International Day of Yoga. This programme was held on 21th June of 2022 in our college. In this programme 105 (Hundred and five number) of students and 46 (forty six) faculty members participated and NSS volunteers successfully organized this yoga workshop.





10. Vaccination Drive organized by NSS in collaboration with Higher Education department of West Bengal (8.10.2021): A Vaccination Camp organized by NSS Unit of PCMM and Higher Education Department, Government of West Bengal was held in Prasanta Chandra Mahalanobis Mahvidyalaya on 8.10.2022 for students, teaching and non-teaching staff of our college between 11.00a.m-4.00p.m. All total 27 number of students and staff took the vaccines (Covishield and Covaccine) on that day. NSS Volunteers helped them to take the doses of the vaccines smoothly. 15 (Fifteen) number of Teaching and Non-teaching faculty participated the programme wholeheartedly. It was a very successful programme.







Vaccination Drive: 8.10.2021