

## **Best Practice I**

### **Title of the Practice: “No Smoking Zone”(since 2008)**

#### **Objective of the Practice:**

- a) Goal/Aim: To create a tobacco-free college campus. Use of chewing tobacco, cigarettes or any other harmful and addictive substance is strictly banned within the college premises.
- b) The Context: Frequent complaints by the non-smoking staff and students against the unhealthy practice of smoking on campus, alerted the college authorities. The college authorities with support from the Student’s Union strictly implemented the “No Smoking” policy, to prevent staff and students from using tobacco on campus. This policy was essential as it addresses health concerns related to tobacco-use and also prevents the detrimental effects of passive smoking.
- c) The Practice: The college campus is completely tobacco-free and the practice of smoking on campus has been eradicated completely. No one is allowed to smoke inside the college campus. Chewing tobacco and other addictive and harmful substances are also strictly banned inside the college premises. Spitting is also strictly prohibited within campus. Any member of staff or any student, if found deviating from this policy, is made to undergo a counselling process to encourage him/her to quit this bad habit. If any staff member indulges in smoking, he/she is immediately reprimanded by colleagues. Outsiders too are politely requested to abide by this policy. “No Smoking” signage are displayed at all strategic locations within the college premises.
- d) Evidence of Success: This practice has been very successful and we can proudly declare our college campus ‘tobacco-free’. Our “No Smoking” policy has not been flouted till date. The honourable members of the NAAC peer team who visited the campus during the second cycle of accreditation and assessment have congratulated us on the success of this best practice.

## **Best Practice II**

### **Title of the Practice: “Plastic- Free Zone”**

#### **Objective of the Practice:**

- a) Goal/Aim: To create a plastic-free college campus. The college is a completely plastic-free zone. With this best practice, plastic pollution has been greatly reduced within the college premises. This practice has focused on the reduced use and ultimately elimination of use of plastic bottles, plastic straws and poly bags within the college campus.
- b) The Context: It was observed that some members of staff and some students were excessively using plastic bags on campus. The college authorities with support from the Student’s Union strictly implemented the policy of “Plastic Free Zone”.
- c) The Practice: Use of plastic on campus is strictly prohibited. All members of staff and students are encouraged to use alternatives like recycled cloth or jute products instead. “Plastic Free Campus” signage have been displayed at strategic locations throughout the college campus.

- d) Evidence of Success: This practice has been very successful and we can proudly declare our college campus 'plastic free'. Our "Plastic Free Campus" policy has not been flouted till date. The honourable members of the NAAC peer team who visited the campus during the second cycle of accreditation and assessment have congratulated us on the success of this best practice.